

2024 FALL PROGRAM GUIDE

GREATER PLYMOUTH COMMUNITY CENTER



2910 JOLLY ROAD, PLYMOUTH MEETING, PA 19462
(610) 277-4312
WWW.PLYMOUTHCOMMUNITYCENTER.COM

10% OFF
ANNUAL PASSES
October 5th thru
October 11th



BUILDING HOURS

Monday - Thursday: 6:00AM-9:00PM
 Friday: 6:00AM-8:00PM
 Saturday & Sunday 8:00AM-4:00PM

*Fitness Center *Lap Pool 25-yards w/ 11 lanes
 *Gymnasium *Basketball, Volleyball & Pickleball *All land aerobic classes included in the price of your pass *Men's, Women's & Family Locker Room *Monthly payment options available for annual members *Indoor Track *Sauna

LAP POOL HOURS

Monday - Thursday: 6:10AM-8:45PM*
 Friday 6:10AM-7:45PM
 Saturday & Sunday 8:10AM-3:45PM

LEISURE POOL HOURS

Monday-Friday 10:00AM-2:00PM *Until 8/23
 Saturday & Sunday 12:00PM-3:00PM

Pool hours subject to change.
 *Monday-Thursday 6:45PM-8:45PM and Friday 6:45PM-7:45PM is designated time for programming & rentals in the Lap Pool. The Aquatic Center will be open for Sauna & Whirlpool use. If lanes are unoccupied by rentals or programming they will be available for patron use. Evening use will be very limited & will vary day to day.

2024 PLYMOUTH TOWNSHIP RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/Senior	Additional Youth
Annual Passes	\$487	\$393	\$331	\$166
One-Month Passes	\$49	\$43	\$32	\$20

2024 NON-RESIDENT RATES

	First Adult	First Youth/Senior	Add Adult/Senior	Additional Youth
Annual Passes	\$624	\$500	\$331	\$166
One-Month Passes	\$65	\$56	\$38	\$22

The GPCC charges an additional 3% fee for all credit card transactions.

This 3% fee is nonrefundable.

Please check social media and our website for any updates to GPCC hours.

COLLEGE PASS

*Valid College ID Required.

1 Month Pass	\$49
3 Month Pass	\$100

1-DAY PASS

This pass gives you access to the fitness center, pool and gymnasium. Age restrictions apply.

Monday-Thursday	\$15
Friday-Sunday	\$18

**THE GPCC IS CLOSED:
 CLEANING WEEK 8/26 THRU 8/30**

LABOR DAY - 9/2

THANKSGIVING DAY - 11/28

CHRISTMAS DAY - 12/25

NEW YEAR'S DAY - 1/1

THE GPCC CLOSSES EARLY:

6AM-12:30PM

CHRISTMAS EVE - 12/24

NEW YEAR'S EVE - 12/31

Verifying Residency

As a general guideline (not 100% accurate), the Township's borders are Butler Pike, Township Line Road, Arch Road/ New Hope Street, and 12th Avenue in Conshohocken. Our staff can check your address. Inability to provide proof of Plymouth Township residency will automatically qualify you as a non-resident.

Adults:

Valid PA driver's license
 PA Non-driver ID card
 Military ID
 Renter's Lease Agreement
 Voter's Registration Card

Children:

School ID card w/ photo
 Most recent report card

Age definitions:

Youth: 3-17 years

Adults: 18-61 years

Seniors: 62 + years

Land Aerobics

- Must be 16 years or older to participate.

Gymnasium

- Must be 12 or older without adult supervision

Aquatics Center

- Must be 13 or older without adult supervision

Fitness Center

- Must be 13 years or older to use on a membership.
- Must be 16 years or older to use on a day pass.

ROOM RENTALS

Planning a special occasion? Need a meeting place for your organization or group? Rent a room at the Greater Plymouth Community Center and decorate it for your next event. Perfect for meetings, trainings or that special occasion! Food and refreshments are permitted; however, alcoholic beverages are prohibited. Please contact Shawn Mazei at smazei@plymouthtownship.org or 610-277-6122 for more information. The GPCC does not accept personal checks for room rentals.

- Reservations must be made in person at the Greater Plymouth Community Center or online at www.plymouthcommunitycenter.org.
- A \$50 non-refundable deposit is due at the time of booking.
- The reservation time should include set-up and clean-up time.
- Please do not arrive prior to the time reserved.
- You must be cleaned up by your designated end time.
- Clean the premises after rental by wiping off countertops, tables, and chairs; clean up spills and place all trash in trash cans.
- Payment for all rentals must be made at least seven (7) days in advance.
- No soliciting, recruiting or loitering is permitted in any non-rented facilities.
- Activity and use of property shall be limited to the designated area (including, for access only, the hallways).
- Use of the facility (gymnasium, pool or fitness center) is **not** included in the rental.
- Rentals must be a minimum of 2 hours.
- Use of profane language, illegal drugs, alcoholic beverages, firearms, gambling, chewing tobacco and smoking on Plymouth Township property is strictly prohibited (by Township Ordinance).

	Room Capacity	Resident	Non-Resident	Resident Business	Non-Resident Business
Room A	96 ppl	\$75	\$100	\$130	\$180
Room B	86 ppl	\$75	\$100	\$130	\$180
Both Room A & B	182 ppl	\$130	\$170	\$220	\$280



POOL PARTY BUNDLE

Pool parties are back at the GPCC! The pool party bundle includes a room and a group swim reservation for up to 20 swimmers.

Saturdays & Sundays

12PM-3PM

Up to 20 children swimmers*

*Parents are free to swim in the Leisure Pool. Any children over the max of 20 will cost \$50 each.

Resident \$435 / Non-Resident \$495

- Reservations can be made in person at the Greater Plymouth Community Center, over the phone, or online at www.plymouthcommunitycenter.org. Please provide an active email as this is our main method of communication regarding your reservation.
- Please review leisure pool rules prior to booking your event as there are age and height restrictions.
- A \$50 non-refundable deposit is due at the time of booking.
- No staff is provided. Children must be supervised at all times.
- No food provided. You are welcome to bring your own. Alcohol and tobacco are prohibited.
- Party-goers only have access to the leisure pool. The lap pool, sauna, and heated whirlpool are excluded from the bundle.
- Room rental policies still apply to pool party bundles. Please see said policies above.

Please contact Shawn Mazei at smazei@plymouthtownship.org or 610-277-6122 for more information.

LAND AEROBIC CLASSES

MUST BE AT LEAST 16 YEARS OLD TO PARTICIPATE

Fall 2024 GROUP FITNESS SCHEDULE FREE To Monthly & Annual Pass Holders

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	7:30am-8:20am HIIT & Mobility (Carissa)			7:30am-8:20am Slow Flow Yoga (Piljo)	8:30am-9:20am Cardio Kickboxing (Gail)	
9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)	9:00am-9:50am Line Dancing for Seniors (Gail)	9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)	9:00am-9:50am Chair Yoga (Louise)	9:00am-9:50am Sr Aerobics Mix with Chairs (Teri)	9:30am-10:20am Zumba (Lynette)	8:30am-9:20am Vinyasa Yoga (Piljo)
10:15am-11:05am SilverSneaker Classic w/ Chairs (Teri)	10:00am-10:50am Total Body Fitness (Eileen)	10:15am-11:05am SilverSneaker Classic w/ Chairs (Teri)	10:00am-10:50am Total Body Fitness (Eileen)	10:15am-11:05am SilverSneaker Classic w/ Chairs (Teri)		
6:00pm-6:50pm Cardio Core (Carissa)	6:00pm-6:50pm Zumba (Vanessa)	6:30pm-7:20pm Restorative Yoga (Mira)	6:00pm-6:50pm Total Body Circuit (Carissa)			

Cardio Core Build your cardio endurance and improve core strength with this challenging and fun class! Cardio drills will get your heart pumping along with exercises to strengthen and tone your core!

Cardio Kickboxing Punch and kick your way through 50 minutes of nonstop, high energy kickboxing combinations combined with agility drills and core work for an intense full body workout.

HIIT & Mobility This High Intensity Training (HIIT) class includes short periods of quick and intense bursts of exercise followed by short recovery periods with stability centered movements. Class ends with exercises to increase joint range of motion, flexibility, balance, and pliability!

Total Body Circuit Training Experience a combination of exercises (6 - 12 stations) performed for a certain amount of time with short rest periods between them. Circuit training is a great way to improve both cardiovascular fitness and muscular strength and endurance. This is an intense total body workout!

Total Body Fitness Strength, tone and sculpt your entire body! Various equipment will be used for interval training and a mix of cardio intervals. This is a high intensity class.

Slow Flow Vinyasa Yoga A slower style yoga class, includes focusing on breath, becoming aware of the body, and stripping away the chatter or the mind. All levels and abilities welcome.

Restorative Yoga A soothing, restorative practice composed of long-held postures often using props to relax & rejuvenate. This style of yoga focuses on a passive approach to target deep connective tissue, fascial release and joint health. It offers the perfect balance to a cardio/strength-based workout, or simply an exhausting day. All levels welcome.

Vinyasa A style of yoga characterized by sequencing postures moving from one to another, seamlessly, using breath. Otherwise known as a "flow style" of yoga. It is a class that offers both yin and yang - powerful, energetic movements paired with focus on breath and calming the nervous system. Each class will be familiar, yet offer variation in postures and breathing techniques. All levels welcome.

Zumba Fitness A fusion of Latin and International music/dance themes with peppy music that create dynamic and exciting workouts that anyone can do!

Walk-In: \$12 RES/\$14 NR

***Check our app, website, and social media for updates to schedule**

Senior Aerobics Class Descriptions

Senior classes are held in Activity Central (Aerobics Room)

Senior Aerobics Mix: A fun mix of choreographed, non-impact, and toning exercises geared for the more mobile, active, older adults. Intermediate fitness level or higher; chairs are optional.

SilverSneakers Classic: Seated and standing exercises to increase muscular strength, range of motion and activities for daily living. A chair is used for seated exercises or standing support. This is a low intensity class for beginners to intermediate.

Chair Yoga: A unique yoga style that adapts positions and poses through creative use of a chair. Includes breathing exercises, basic poses, use of supports, meditation and relaxation. Suitable for all ages and fitness levels.

Line Dancing for Seniors: Dance your way into wellness! You will learn basic line dances while improving your strength, balance, and coordination. No equipment needed. Beginning to Intermediate levels. No chairs used during this class.

PREMIUM TRAINING CLASSES

Smaller class size than regular group fitness classes for a more personalized workout!

REFUND INFO: Classes run based on having enough participants to cover the cost of the class. Refunds can only be granted prior to the start date.

Bike and Bodyweight Burn Ages: 18+years

This class uses spin bikes and your own body weight to do multiple Boot Camp style exercises with minimal equipment. This is not a spin class, you will be on and off the bike multiple times to incorporate interval training so no special shoes are required, just sneakers. This is a high intensity class.

Trainer: Ed

Walk-ins: \$13 PH/\$15 NPH

7:00PM - 7:45PM

Session 1

Mondays, 11/4-11/25

Price: \$38 PH/ \$46 NPH

Program #: 425404.23

Session 2

Mondays, 12/2-12/16

\$29 PH/ \$35 NPH

Program #: 425404.24

Fit to Run Ages: 16+ years

Ever think about running a 5k or just even losing weight, gaining muscle, and building endurance? Now is your chance to enjoy the fresh outside air, make new friends, and scratch running a 5k race* off your bucket list! This 8 week program will not only help you build enough endurance to run 3.1miles (or 30 min straight) but also will help you look and feel better! This class is held outside rain or shine and will meet at the Band shell behind the Community Center. Running tech shirt included with the price of class! This is a beginner class, no previous running experience needed! (Must be in good health and slightly active) Trainer: Ed

Looking for a great 5k to do? The Annual Fox Trot 5k is being held in Plymouth Township a few days after this program ends on Sat Nov. 2nd! This 5k is voluntary but most of our class usually participates as the last step towards achieving your goal!

Monday/Tuesday/Thursday, 9/3-10/28

5:40PM - 6:30PM

Price: \$152 PH/ \$167 NPH (Tech T shirt included!)

Program #: 405402.01



Pilates Mat Ages 18+ years

Enjoy a total-body workout using body weight and light resistance, working just to the point of fatigue for the fastest toning experience. Each class will incorporate the pelvic floor, abs, and spinal muscles resulting in a stronger core, improvement in joint mobility and overall flexibility, thus helping to prevent age-related and athletic injuries. We have Pro Body Pilate Rings to offer a greater challenge during class! All levels welcome!

Instructor: Carissa D

Thursdays, 7:00PM - 7:50PM

Walk-ins: \$13 PH/\$15 NPH

Session 1: 9/12-10/3

Price: \$38 PH/\$46 NPH

Program: 403701.13

Session 2: 10/10-10/24

Price: \$29 PH/\$35 NPH

Program: 403701.14

Session 3: 11/7-11/21

Price: \$29 PH/\$35 NPH

Program: 403701.15

Session 4: 12/5-12/19

Price: \$29 PH/\$35 NPH

Program: 403701.16



YOUTH FITNESS CLASS

Zumba for Kids Ages 5 - 12 years

Want a great way to teach kids that exercise is fun? Have them try Zumba kids and Kids Jr. A fun 50 minute class filled with games and dance routines of various rhythms including Latin America, hip-hop and afro beats. Come join the fun!

Instructor: Lynette

Wednesdays, 5:30PM - 6:20PM

Session 1: 9/25-10/16

Price: \$38 RES/\$46 NR

Program #: 403700.14

Session 2: 10/23-11/13

Price: \$38 RES/\$46 NR

Program #: 403700.15

Session 3: 11/20-12/18 (No class 11/27)

Price: \$38 RES/\$46 NR

Program #: 403700.16



PREMIUM TRAINING CLASSES

Core Balance for Active Older Adults

Ages: Seniors

Designed for active older adults who would like to improve their balance, stability, and posture. Various techniques will be used to strengthen the core and leg muscles. You will find yourself enjoying improved stamina for activities of daily life! Class meets twice a week. You must be able to get down on the floor and get back up on your own!

Session 1: Tuesday and Thursday, 9/10-10/3

10:00AM - 10:55AM

Price: \$73 PH/\$90 NPH

Program #: 485402.01

Session 2: Tuesday and Thursday, 10/8-10/31

10:00AM - 10:55AM

Price: \$73 PH/\$90 NPH

Program #: 485402.02

Session 3: Tuesday and Thursday, 11/5-12/3 (No class 11/28)

10:00AM - 10:55AM

Price: \$73 PH/\$90 NPH

Program #: 485402.03



Fitness Boxing

Boxing and agility skills class that will incorporate all of the basic components of boxing with the use of a freestanding punching bag and gloves to offer a cardio toning, stress-relieving workout with intervals of body weight and core exercises.

Instructor: Michele G

Tuesdays, 6:00PM-6:50PM

Session 1: 9/10-10/1

Price: \$38 PH/\$46 NPH

Program: 405101.01

Session 2: 10/8-10/29

Price: \$38 PH/\$46 NPH

Program: 405101.02

Session 3: 11/5-11/19

Price: \$29 PH/\$35 NPH

Program: 405101.03

Thursdays, 5:00PM-5:50PM *New Time!

Session 1: 9/12-10/3

Price: \$38 PH/\$46 NPH

Program #: 405101.04

Session 2: 10/10-10/24

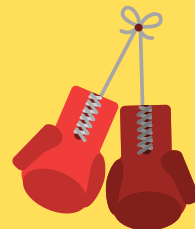
Price: \$29 PH/\$35 NPH

Program: 405101.05

Session 3: 11/7-11/21

Price: \$29 PH/\$35 NPH

Program: 405101.06



POUND Unplugged Ages: 18+ years

Channel your inner rock star with this full body cardio-jam session inspired by the infectious, energizing, and sweat-dripping fun of playing the drums. Blending 30 minutes of high-intensity training with 10 minutes of rhythmic breathing, mindfulness and meditation, POUND Unplugged will make you sweat, release, and boost neurochemicals before quickly settling back into a peaceful, recharged, and empowered state.

Instructor: Carissa D

Price: \$38 PH/ \$46 NPH

Session 1: Mondays, 9/16 - 10/7

7:00PM-7:50PM

Program #: 435402.13

Session 2: Mondays, 10/14 - 11/4

7:00PM-7:50PM

Program #: 435402.14

Session 3: Mondays, 11/11-12/2

7:00PM-7:50PM

Program #: 435402.17



Boot Camp Ages: 18+ years

Want to spice up your exercise routine or try something different, or just start your weekend off right with a great workout? This class can be a great supplement to your normal weekly exercise routine; it will get your heart pumping and your muscles screaming! A variety of exercises will be used to burn fat, build muscle, increase endurance, and push you to the limit! This is a high intensity class held outside by the band shell, behind the Community Center.

Trainer: Ed

Walk-ins: \$13 PH/ \$15 NPH

Session 1 - Outside

Wednesdays, 9/4-9/25

6:00PM-6:55PM

Price: \$38 PH/ \$46 NPH

Program #: 415402.16

Location: GPCC Bandshell

Session 2 - Inside

Tuesdays, 11/5-11/26

7:00PM-7:55PM

Price: \$38 PH/ \$46 NPH

Program #: 415402.29

Location: GPCC

Session 3 - Inside

Tuesdays, 12/3-12/17

7:00PM - 7:55PM

Price: \$29 PH/ \$35 NPH

Program #: 415402.30

Location: GPCC

PREMIUM TRAINING CLASSES

StrongHer - NEW CLASS!

A women-focused, total body strength training class that empowers and encourages women to develop physical strength, confidence, and functional fitness through a variety of exercises!

Instructor: Carissa D.

Wednesdays, 8:00AM-8:50AM - New Time!

Session 1: 9/11-10/2

Price: \$38 PH/\$46 NPH

Program #: 435402.18

Session 2: 10/9-10/23

Price: \$29 PH/\$35 NPH

Program #: 435402.19

Session 3: 11/6-11/20

Price: \$29 PH/\$35 NPH

Program #: 435402.20



Weekend Warrior

Combine all of your favorites into one class for the ultimate total body burn. The weekend warrior will include timed intervals of boxing, suspension training and spin. Step out of your comfort zone and come challenge yourself!

Instructor: Michele G

Session 1

Saturdays, 10/5-11/2*

***No class 10/19**

8:15AM-9:05AM

Price: \$38 PH/\$46 NPH

Program #: 405101.10

Session 2

Saturdays, 11/9-11/23

Price: \$29 PH/\$35 NPH

Program #: 405101.11

Walk in: \$13 Pass Holders/ \$15 Non Pass Holders

Body Weight Burn Ages: 18+ years

This class combines our suspension training with variations of boot camp style exercises using your body weight and minimal equipment. We will work the whole body in various angles and positions while constantly engaging the core for a great overall workout. This is a high intensity class with limited participants.

Trainer: Ed

Session 1

Wednesdays, 10/2-10/23

7:00PM-7:45PM

Price: \$38 PH/ \$46 NPH

Program #: 425402.09

Session 2

Wednesdays, 10/30 -11/20

7:00PM - 7:45PM

Price: \$38 PH/ \$46 NPH

Program #: 425402.05

Session 3

Wednesdays, 12/4 -12/18

7:00PM - 7:45PM

Price: \$29 PH/ \$35 NPH

Program #: 425402.07



HOLIDAY CLASSES

These classes require pre-registration! Please sign up at the front desk.

Extreme Eves Holiday Boot Camp

Don't let the holidays make you lazy! Get a great workout in before you start celebrating! This class will get your heart pumping and your muscles screaming! A variety of exercises will be used to burn fat, build muscle, increase endurance, and push you to the limit! This is a high intensity class held inside our gym. Must register at the front desk in advance!

Trainer: Ed

Price/class: Free for Pass Holders! \$10 Non Pass Holders

Tuesday, 12/24

8:30AM-9:25AM

Program #: 415402.05

Tuesday, 12/31

8:30AM-9:25AM

Program #: 415402.33

Holiday POUND Unplugged

Prepare for the holiday and combat stress with a total body and mind reset! This class begins with high-intensity training and ends with rhythmic breathing, mindfulness and meditation. Get ready to sweat, release, and boost neurochemicals before quickly settling back into a peaceful, recharged, and empowered state.

Monday, 12/23 6:00PM-6:50PM

Price/class: Free for Pass Holders/\$10 NPH

Program #: 435402.15

Pilates Strong into the New Year

Get ahead of those New Year resolutions by becoming Pilates strong! Pilates improves your ability to burn fat by building functional core strength, increases flexibility, and helps to prevent muscle strains, all while supporting the release of tension!

Instructor: Carissa

Monday, 12/30 6:00PM-6:50PM

Price/class: Free for Pass Holders!/\$10 NPH

Program #: 435402.16

PERSONAL AND PARTNER TRAINING

One-On-One and Partner Training

Specialized attention from one of our certified personal trainers targeting your specific fitness goals with customized programming. We have 60 or 30 minute sessions available for all levels of fitness.

One-On-One 30 Minute Sessions		
	Pass Holders	Non-Pass Holders
1 Session	\$37	\$44
5 Sessions	\$176	\$209
10 Sessions	\$333	\$396
30 Sessions	\$888	\$1,056

One-On-One 60 Minute Sessions		
	Pass Holders	Non-Pass Holders
1 Session	\$55	\$65
5 Sessions	\$261	\$309
10 Sessions	\$495	\$585
30 Sessions	\$1,320	\$1,560

**FIRST TIME TRAINING
CLIENT SPECIAL: THREE
30 MINUTE SESSIONS
FOR \$99 PH/ \$118 NPH**

Partner Training 60 Minute Sessions		
	Pass Holders	Non-Pass Holders
1 Session	\$36	\$42
5 Sessions	\$171	\$200
10 Sessions	\$324	\$380

SEMI-PRIVATE PERSONAL TRAINING COMMON GOAL...INDIVIDUAL RESULTS

3 - 5 Clients with a trainer

Youth, Adults, Seniors, Beginners to advanced fitness levels.

Days and times depend on trainer availability and your schedule.

Price per person: Pass Holders \$29/hr session; Non-Pass Holder \$35/hr session
(minimum 4 - one hour sessions) Tailor the number of sessions to meet your group's goals!

Do you have a small group of friends, teammates, wedding party, or family that would like to train together? Let our trainers help improve your sport performance or prep you for the upcoming season, lose weight, tone up, make your workouts more productive, or just motivate you! Semi-private personal training is a more affordable way to enjoy the benefits of a trainer.

Minimum requirements are that you must have at least 3 in your group and pay for at least 4 sessions for an hour each. You can decide how many sessions beyond the minimum that your group would like. Requests for more than 5 in your group will be considered.

If interested please fill out a Request for Semi-Private Training form that is located on our website, by stopping in the fitness center to request one, or contact mbevan@plymouthtownship.org or ebaus0@plymouthtownship.org.



ADULT PROGRAMS

Adult Tennis by Tennis Haven

Fundamentals Adults 18+ years

Location: East Plymouth Valley Park

Wednesdays, 9/11-10/9 (Rain date: 10/16)

6:30PM-7:20PM

Price: \$85 RES/\$106 NR

Program #: 401501.01



TENNIS FOR FITNESS® Adults 18+ years

Location: East Plymouth Valley Park

Wednesdays, 9/11-10/9 (Rain date: 10/16)

7:30PM-8:20PM

Price: \$85 RES/\$106 NR

Program #: 401501.02

COMING THIS FALL...

Roxborough School of Nursing

Health Fair

Location: GPCC

Keep an eye out for the date and details!

Fly Tying – Beginner and Intermediate Ages: 18+ years

This class is for beginners with no experience and fly tiers with up to one to two years' experience. In this class you will learn all the correct techniques for tying dry fly's, wet fly's, nymph patterns and streamers. You will also learn how to choose the right fly tying materials to tie with and how to use them. Plus all the fly's we tie in this class will be proven fish catching patterns, some of which may not be found in fly tying books. These are patterns that you can go out fishing with and have good success using them for many years to come.

Wednesdays, 10/2 – 11/6

6:30PM-8:30PM

Program #: 401607.01

Price: \$47 RES / \$58 NR

Fly Tying – Advanced Ages: 18+ years

This class is for people who have experience in fly tying and wanting to improve their skill level. This will be a special class covering all Catskill dry fly patterns with matching wet fly's. This class will teach how and why I have improved these classic fly patterns over the years. The program will show why they are much more successful with these new improvements. The first night students need to bring their own tools and some materials for tying dry fly's. Everyone can use the teacher's materials as needed for the first night.

Thursdays, 10/3-11/14*

***No class 10/17**

6:30PM-8:30PM

Program #: 401607.02

Price: \$47 RES / \$58 NR



Senior Card Club Ages: 55+ years

Starting September 30th, Coffee and Cards will be organized in a new way! On the first and last Monday of the month, space is made available for GPCC seniors to partake in casual card and board games. The space will be available from 11AM to 1PM. We will provide all of the classic card games or you can bring your favorite from home! Relax, catch up with old and new friends, and play some games! Registration is not required but appreciated.

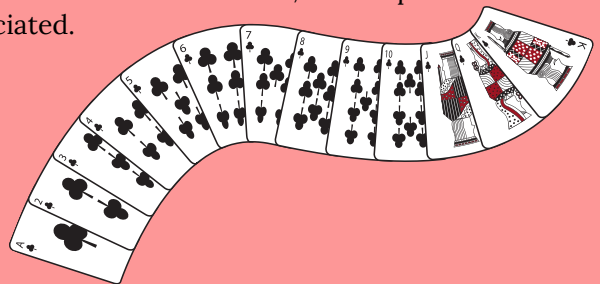
Monday, 9/30 Program #: 401114.03

Monday, 10/7 Program #: 401114.04

Monday, 10/28 Program #: 401114.05

Monday, 11/4 Program #: 401114.06

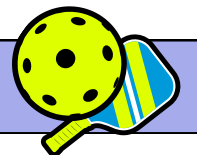
Monday, 11/25 Program #: 401114.07



Please contact Amy Hanks at Ahanks@plymouthtownship.org or 610-277-4312 Ext. 4323 for any questions

Pick-up Pickleball at the GPCC

Monday-Friday 6am-1pm
Subject to Change



ADULT PROGRAMS

Pickleball Clinic- Beginner Ages: 18+ years

The Universal Rackets Beginner Pickleball Clinic will consist of learning serving and returning, how to keep score and rules, dinking and controlling the ball. Basic shot techniques and court positioning will be taught. The clinic is structured into segments, so each session builds off of the previous lesson. After the session is done, a student with no prior pickleball experience will turn into a confident player and be able to play fully on their own outside of class. Location: GPCC
Price: \$210 RES/\$250 NR

Thursdays, 9/19-10/24

4:30PM-6:00PM Program #: 403303.02

Thursdays, 11/7-12/19 (no class 11/28)

3:00PM-4:30PM Program #: 403303.03

Pickleball Clinic- Intermediate Ages: 18+ years

The Universal Rackets Intermediate Pickleball Clinic will consist of serving, shot techniques, strategy, rules & scoring. Sessions will go over how to control the kitchen, touch shots, backhand & forehand drives and offense-to-defense transitioning. Students will hone their dinking and block-volleying, paired with a vast understanding of court positioning to set up their partner for a put away poach overhead smash. Plenty of match play will be included. Location: GPCC
Price: \$210 RES/\$250 NR

Thursdays, 9/19-10/24

3:00PM-4:30PM Program #: 403303.01

Thursdays, 11/7-12/19 (no class 11/28)

4:30PM-6:00PM Program #: 403303.04

ADULT LEAGUES

League Information:

- 10 Week Session (8 games guaranteed)
- Top 4 Playoffs
- Ref Fee included in league fees!
- Basketball teams must have the same color jerseys/shirts.

Registration dates:

Start Dates: August 5th

Deadline: August 26th

Games begin the week of September 9th

If your team is interested in playing and the registration deadline has passed, please call to check availability! If you would like to play in one of our leagues but don't have a team, please contact Shawn at smazei@plymouthtownship.org or 610-277-6122.

Men's 18 & Over Basketball Wednesdays 6:30PM-9:30PM

	League Fees
Residents	\$680
Non-Residents	\$750

Women's 18 & Over "B" Volleyball Mondays 6:30PM-10:00PM

	League Fees
Residents	\$395
Non-Residents	\$450

Women's 18 & Over "A" Volleyball Mondays 6:30PM-11:00PM

	League Fees
Residents	\$550
Non-Residents	\$625

Women's 18 & Over "BB" Volleyball Mondays 6:30PM-10:00PM

	League Fees
Residents	\$395
Non-Residents	\$450

Pickleball League Ages: 18+ years

Get your partner, pick a team name and come out for some fun and friendly competition. Six-week round-robin league play: five weeks of regular season, sixth week playoffs. Teams will play three games per week; scores are recorded to determine team standings. Teams can be same-sex or co-ed. All skill levels are welcome but previous pickleball experience is required. Run by Reisel Rackets. Location: GPCC
Price per person: \$60 RES/\$75 NR

Session 1: Fridays, 9/20-11/1 (no class 9/27)
5:30PM-6:30PM Beginner to Low Intermediate
Program #: 401606.01
6:30PM-7:30PM Intermediate to Advanced
Program #: 401606.02

Session 2: Fridays, 11/8-12/20 (no class 11/29)
5:30PM-6:30PM Beginner to Low Intermediate
Program #: 401606.03
6:30PM-7:30PM Intermediate to Advanced
Program #: 401606.04

PRESCHOOL PROGRAMS

Just For Me- Preschool Ages: 2-4 years

A special time set aside for your child to begin socializing with other children and participating in activities on their own. Physical, social and cognitive skills are all emphasized, and both free play and structured time are balanced in a comfortable and relaxed atmosphere. Activities such as crafts, games and music are included. **Different crafts for each class.**

Please bring a sippy cup to class, labeled with the child's name on it. It is recommended that children are potty trained because we do not provide diaper changing. This is a DROP OFF program.

9:30AM-11:30 AM

September

Mondays	9/9-9/30 4 Days	\$51 RES / \$63 NR Program #: 401801.01
Tuesdays	9/3-9/24 4 Days	\$51 RES / \$63 NR Program #: 401801.02
Wednesdays	9/4-9/25 4 Days	\$51 RES / \$63 NR Program #: 401801.03
Thursdays	9/5-9/26 4 Days	\$51 RES / \$63 NR Program #: 401801.04
Fridays	9/6-9/27 4 Days	\$51 RES / \$63 NR Program #: 401801.05

October

Mondays	10/7-10/28 4 Days	\$51 RES / \$63 NR Program #: 401801.06
Tuesdays	10/1-10/29 5 Days	\$63 RES / \$78 NR Program #: 401801.07
Wednesdays	10/2-10/30 5 Days	\$63 RES / \$78 NR Program #: 401801.08
Thursdays	10/3-10/31 5 Days	\$63 RES / \$78 NR Program #: 401801.09
Fridays	10/4-10/25 4 Days	\$51 RES / \$63 NR Program #: 401801.10

November

Mondays	11/4-11/25 4 Days	\$51 RES / \$63 NR Program #: 401801.11
Tuesdays	11/12-11/26 3 Days	\$39 RES / \$48 NR Program #: 401801.12
Wednesdays	11/6-11/27 4 Days	\$51 RES / \$63 NR Program #: 401801.13
Thursdays	11/7-11/21 3 Days	\$39 RES / \$48 NR Program #: 401801.14
Fridays	11/1-11/22 4 Days	\$51 RES / \$63 NR Program #: 401801.15

December

Mondays	12/2-12/16 3 Days	\$39 RES / \$48 NR Program #: 401801.16
Tuesdays	12/3-12/17 3 Days	\$39 RES / \$48 NR Program #: 401801.17
Wednesdays	12/4-12/18 3 Days	\$39 RES / \$48 NR Program #: 401801.18
Thursdays	12/5-12/19 3 Days	\$39 RES / \$48 NR Program #: 401801.19
Fridays	12/6-12/20 3 Days	\$39 RES / \$48 NR Program #: 401801.20

Fall Fest Ages 1-4 with Adult

Come join us for some Fall fun! This parent and me class is the perfect kickoff to Fall that will include coloring, painting, sensory play, and more! Class will conclude with a story and craft. Bring a smock and get ready for some fun!

Wednesday, 9/11

10:00AM - 11:00AM

\$12 Res / \$15 NR Program #: 401802.01

Additional Child- \$10 Program #: 401802.02



Monster Mash Ages 1-4 with Adult

It's time to get spooky- join us for a Halloween party! This parent and me class will include coloring, painting, sensory play, and more! Class will conclude with a story and craft. Bring a smock and get ready for some fun!

Wednesday, 10/23

10:00AM-11:00AM

\$12 Res / \$15 NR Program #: 401802.03

Additional Child- \$10 Program #: 401802.04



Thankful Turkeys! Ages 1-4 with Adult

Bring your little turkey to celebrate Thanksgiving! This parent and me class will include coloring, painting, sensory play, and more! Class will conclude with a story and craft. Bring a smock and get ready for some fun!

Wednesday, 11/20

10:00AM-11:00AM

\$12 Res / \$15 NR Program #: 401802.05

Additional Child- \$10 Program #: 401802.06



Candy Cane Celebration Ages 1-4 w/ adult

Let's celebrate the magic and sweetness of the holiday season! This parent and me class will include coloring, painting, sensory play, and more! Class will conclude with a story and craft. Bring a smock and get ready for some fun!

Wednesday, 12/18

10:00AM-11:00AM

\$12 Res / \$15 NR Program #: 401802.07

Additional Child- \$10 Program #: 401802.08



YOUTH PROGRAMS

Exploring Archery *Ages: 6-17 years*

Archery is a universal, lifetime sport...anyone can do it! It builds upper body and core strength, along with balance and hand-eye coordination. Archery develops strong problem-solving skills, focus, determination and patience! "Exploring Archery" will introduce you to the sport of archery. All equipment, including bows, arrows (field tip), quivers, targets, safety netting and cones will be provided. This program will help students practice precision and proper form, while promoting the joy and fulfillment that archery can bring! Each week is a new and exciting lesson plan. Students can develop at their own pace in a safe and fun environment! Taught by certified (USA Archery), experienced instructors from Shooting Star Archery Academy. Close-toed shoes are required.

Location: Harriet Wetherill Park - 2642 Butler Pike

Price: \$141 RES / \$174 NR

Wednesdays, 9/18-10/23

4:30PM-5:15PM Program # 401506.01

5:15PM-6:00PM Program # 401506.02



Youth Pickleball by JumpStart Sports *Ages: 6-12 years*

A fun-oriented intro to Pickleball for various ages that will teach the basic fundamentals of the sport and introduce them to competitive play based on age/gender. Players will learn rules/terminology of the game, serving, forehand, backhand, overhead, and positioning. All children receive a t-shirt and award.

Tuesdays, 11/12-12/17

5:45PM-6:45PM

Program #: 401909.01

Price: \$120 RES/\$150 NR



Little Hoop Stars by JumpStart Sports *Ages: 4-6 years*

A six-week instructional and recreational basketball program for children in Pre-K and Kindergarten (must be 4 years-old). Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding in this fun-oriented program. All instruction conducted by Jump Start Sports staff. All children receive a t-shirt and award.

Sunday, 9/29-11/3

10:15AM - 11:00AM

Program# 401408.01

Price: \$120 RES/\$150 NR

Hummingbirds Soccer by Jumpstart Sports *Ages: 3-5 years*

Jump Start Sport soccer program teaches children the fundamentals of soccer using a wide variety of fun and age appropriate drills as well as game play. Boys and girls have fun and learn the basics of soccer: dribbling, passing, trapping, shooting, and positioning. Each session consists of instruction and low-key, non-competitive soccer games. Please bring a water bottle.

Thursdays, 9/5-10/10

5:30PM-6:15PM

Price: \$120 RES/\$150 NR

Location: 2903 Walton Rd

Program # 401909.01



Twinkle Toes *Ages: 3-5 years*

Children can develop their love of dance through this program. Ballet is the focus for this introduction to dance. It is recommended children wear leotards and ballet slippers. Parents are invited to a performance during the last class. Parents are encouraged to leave for all other classes.

Saturdays, 9/14 - 10/19

10:30AM-11:15AM

Price: \$60 RES/\$75 NR

Program # 401201.01

Saturdays, 11/2-12/14

***No class 11/23**

10:30AM-11:15AM

Price: \$60 RES/\$75 NR

Program # 401201.03

Twinkle Toes 2 *Ages: 3-7 years*

This program is intended for dancers who have already taken the Twinkle Toes class and are looking to further develop their skills. Dancers with other experience are also welcome to join this class. It is recommended children wear leotards and ballet slippers. Parents are invited to a performance during the last class. Parents are encouraged to leave for all other classes.

Saturdays, 9/14 - 10/19

11:30AM-12:15PM

Price: \$60 RES/\$75 NR

Program # 401201.02

Saturdays, 11/2-12/14*

***No class 11/23**

11:30AM-12:15PM

Price: \$60 RES/\$75 NR

Program # 401201.04

YOUTH PROGRAMS

Young Rembrandts Pre-School Drawing *Ages: 4-6 years*

Your preschooler's mind is hard at work building the knowledge and skills it will use for a lifetime. Now, more than ever, it is important to challenge their curious minds with activities that will keep them engaged and eager to learn! The Young Rembrandts pre-school program is specifically designed with the needs of our youngest learners in mind. We use subjects they are familiar with such as animals and toys, as well as their favorite learning tools -pictures, stories, touching, and doing- to enhance social and conflict resolution skills. Give your preschooler the information they are hungry for and be amazed by what they will create!

Sundays, 11/17 - 12/8

10:00AM-10:45AM

Price: \$78 RES/\$97 NR

Program # 403101.01

Young Rembrandts Cartooning *Ages: 7-14 years*

For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. Maintaining a quick pace and drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures - skills with lifetime benefits!

Sundays, 11/17 - 12/8

11:00AM-12:00PM

Price: \$78 RES/\$97 NR

Program # 403101.03



Youth Tennis by Tennis Haven

Tennis lessons taught by a certified tennis instructor. Lessons taught by Liz Baldasano, PTR.

Ages 6-7

Sundays, 9/15-10/6

11:00AM-11:50AM

Price: \$68 RES/\$76 NR

Program #: 401504.01

Location: GPCC



Ages 7-8

Sundays, 9/15 -10/6

12:00PM-12:50PM

Price: \$68 RES/\$76 NR

Program #: 401504.02

Location: GPCC

Ages 8-10

Tuesdays, 9/10-10/8 (Rain Date 10/15)

5:45PM-6:35PM

Price: \$85 RES/\$106 NR

Program #: 401504.03

Location: EPV

Jr. Group Lessons Ages 11-14

Tuesdays, 9/10-10/8 (Rain Date 10/15)

6:45PM-7:35PM

Price: \$85 RES/\$106 NR

Program #: 401504.04

Location: EPV

Wee Play Language *Ages: 3-5 years with adult*

Preschoolers learn Spanish through a 100% hands-on curriculum. The lesson and materials change each week but always focus on the same set of vocabulary and expressions. We teach through specially designed magnetic play sets, dolls and doctor kits, barns full of animals, and more. Each child has their own set of materials. Location: GPCC

Fridays, 9/20-10/25 1:15PM-2:00PM

Program #: 401605.01

Price: \$110 RES / \$ 137 NR



Youth Pickleball League *Ages: 9-12 years*

Get your partner, pick a team name and come out for some fun and friendly competition. Six-week round-robin league play: five weeks of regular season, sixth week playoffs. Teams will play three games per week; scores are recorded to determine team standings. Teams can be same-sex or co-ed. All skill levels are welcome but previous pickleball experience is required. Run by Reisel Rackets.

Location: Colwell Park- 1340 Hillcrest Road

Price per person: \$60 RES/\$75 NR

Sundays, 9/15-10/20

2:00PM-4:00PM

Program #: 401413.01



YOUTH PROGRAMS

LEGO® Animal Adventures Ages: 5-9 years

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

Location: GPCC

Thursdays, 9/12-10/17

4:45PM-6:15PM

Program #: 401313.01

Price: \$165 RES/\$198 NR



LEGO® Bash Em Bots Ages: 7-12 years

Design your custom LEGO® bot to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs. Combine these with tools like drills, hammers, and battering rams as you refine your masterpiece by sparring with friends and overcoming obstacles. Apply real-world engineering and physics concepts to help you bash and crash your way to victory.

Location: GPCC

Mondays, 9/16-10/21

4:45PM-6:15PM

Program #: 401313.02

Price: \$165 RES/\$198 NR



Kids Karate Ages: 5-9 years

A basic introduction to Karate taught by Action Karate. Kids Karate goes beyond fun as it not only fosters self-discipline and character building but also boost children's confidence. Ultimately, these are the major ingredients to help them mature into responsible, healthy, and strong adults. Critical skills such as coordination, balance, flexibility, strength, discipline, and more are emphasized.

Tuesdays, 9/10-10/15

5:45PM-6:45PM

Price: \$60 RES/\$75 NR

Program # 401701.01

Tuesdays, 11/12-12/17

5:45PM-6:45PM

Price: \$60 RES/\$75 NR

Program # 401701.02



SCHOOL'S OUT ACTIVITY DAYS

School's Out Activity Day

Ages: K-6th Grade

Looking for a fun place to send your kids when they're off from school? Send them to the GPCC! Each day will consist of a variety of games, sports and a project. Must pack a lunch and a snack.

Time: 9:00AM-4:00PM

Price Per Day: \$46 RES/ \$58 NR

Thursday, October 3rd Program #:401601.01

Friday, November 1st Program #: 401601.03

Monday, December 23rd Program #:401601.05

Monday, December 30th Program #:401601.07



Tiny Tumbles

Location: GPCC

Kid & Caregiver 1 - 18-30 months - Kid and Caregiver 1 introduces the very youngest gym-goers to gymnastics equipment and a class environment. This class aims to nurture child-caregiver connections, foster engagement with novel activities and settings, support the achievement of developmental milestones, and promote learning through play.

Kid & Caregiver 2 - 2.5-3 years - Kid and Caregiver 2 nurtures toddlers' expanding capabilities with age-appropriate challenges and increased class structure. This class aims to nurture both physical and social-emotional development, instill confidence, and equip children to participate in independent gymnastics classes.

Kid & Caregiver 1 & 2 - 18-36 months - See class descriptions for Kid & Caregiver 1 and Kid & Caregiver 2.

Preschool Gymnastics - 3-5 years - Preschool Gymnastics takes tykes to the next level by introducing more challenging skills and fostering continued development of social skills and autonomy. This class aims to introduce gymnastics basics, foster goal setting and teamwork, emphasize direction following, turn taking, and problem solving skills, and nurture both physical and social-emotional development.

Kinder Gymnastics - 5-6 years - Kinder Gymnastics is designed for children who have no prior experience or are still at the beginner level. This class aims to introduce gymnastics basics, strengthen social skills, boost physical fitness, and equip students to move up to the Beginner/intermediate Gymnastics class.

Beginner/intermediate Gymnastics - 6-10 years - Students who are able to perform the listed prerequisite skills can participate in Beginner/intermediate Gymnastics, which is more technique-focused than Beginner Gymnastics and is designed for those with prior gymnastics experience.

Beginner/intermediate Prerequisite skills: Forward and backward roll, Cartwheel, 3/4 handstand, Casts with belly off bar, Pullover on bar with the help of a wall, and bridge with head off floor.

Beginner Gymnastics - 6-10 years - Beginner Gymnastics is designed for children who have no prior experience or are still at the beginner level. This class aims to introduce gymnastics basics, promote teamwork and sportsmanship, encourage evaluation of personal progress, boost physical fitness, and equip students to move up to the Beginner/intermediate Gymnastics class.

Open Gym - 18 months-5 years - Come practice your skills or enjoy a space for exploration and play at our unstructured open gym session. For those enrolled in classes or interested in what Tiny Tumbles has to offer.

Class	Prices	Dates	Times	Program #
Kid & Caregiver 1	\$145 RES/\$181 NR	Session 1: Mondays, 9/16-11/4	9:45AM-10:20AM	402704.01
		Session 2: Mondays, 11/11-12/30	9:45AM-10:20AM	402704.10
Kid & Caregiver 2	\$145 RES/\$181 NR	Session 1: Mondays, 9/16-11/4	10:30AM-11:05AM	402704.02
		Session 2: Mondays, 11/11-12/30	10:30AM-11:05AM	402704.11
Kid & Caregiver 1 & 2	\$145 RES/\$181 NR	Session 1: Mondays, 9/16-11/4	3:15PM-3:50PM	402704.05
		Session 2: Mondays, 11/11-12/30	3:15PM-3:50PM	402704.14
Preschool Gymnastics	\$165 RES/\$206 NR	Session 1: Mondays, 9/16-11/4	11:15AM-12:05PM	402704.03
		Session 1: Mondays, 9/16-11/4	4:00PM-4:50PM	402704.06
		Session 2: Mondays, 11/11-12/30	11:15AM-12:05PM	402704.12
		Session 2: Mondays, 11/11-12/30	4:00PM-4:50PM	402704.15
Kinder Gymnastics	\$165 RES/\$206 NR	Session 1: Mondays, 9/16-11/4	5:00PM-5:45PM	402704.07
		Session 2: Mondays, 11/11-12/30	5:00PM-5:45PM	402704.16
Beginner/intermediate Gymnastics	\$165 RES/\$206 NR	Session 1: Mondays, 9/16-11/4	6:00PM-6:50PM	402704.08
		Session 2: Mondays, 11/11-12/30	6:00PM-6:50PM	402704.17
Beginner Gymnastics	\$165 RES/\$206 NR	Session 1: Mondays, 9/16-11/4	7:00PM-7:50PM	402704.09
		Session 2: Mondays, 11/11-12/30	7:00PM-7:50PM	402704.18
Open Gym	\$105 RES/\$131 NR	Session 1: Mondays, 9/16-11/4	12:15PM-1:00PM	402704.04
		Session 2: Mondays, 11/11-12/30	12:15PM-1:00PM	402704.13

AFTER SCHOOL RENDEZVOUS 2024/2025

Need a fun place for your child to go after school? Send them to the Greater Plymouth Community Center's After School Program! Snack is provided for the after school children. Customize your schedule. Sign up for only the days of the week you need, or all 5 days at a discounted rate. For your convenience, we will meet on Colonial School District half days. Free bus transportation from Colonial Elementary, Plymouth Elementary, & Ridge Park Elementary is available. We offer a monthly payment option. The After School Rendezvous program will participate in activities such as sports, games, the playground and swimming. For more information please contact Barb Griffis at 610-313-4062 or at Bgriffis@plymouthtownship.org.

THERE WILL BE NO AFTER SCHOOL PROGRAM THE FIRST WEEK OF SCHOOL 8/27-8/30

*** After School Rendezvous runs from after school to 6:00pm. In case of inclement weather and Colonial School District closes early, there will be NO After School Program. All children will be sent home on their regular bus.**

2024 Fall Session (September 3- December 20)

No Class 8/27-8/30, 9/2, 10/3, 11/1, 11/5, 11/27, 11/28 & 11/29

Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 9/9-12/16	401902.01	401902.07	\$240	\$276	\$293	\$345
Tuesdays, 9/3-12/17	401902.02	401902.08	\$240	\$276	\$293	\$345
Wednesdays, 9/4-12/18	401902.03	401902.09	\$240	\$276	\$293	\$345
Thursdays, 9/5-12/19	401902.04	401902.10	\$240	\$276	\$293	\$345
Fridays, 9/6-12/20	401902.05	401902.11	\$240	\$276	\$293	\$345
All 5 Days	401902.06	401902.12	\$1,080	\$1,242	\$1,320	\$1,553



2025 Winter Session (January 2-April 11) No Class 1/20, 2/14, 2/17 & 3/31

Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 1/6-4/7	101902.01	101902.07	\$225	\$259	\$275	\$323
Tuesdays, 1/7-4/8	101902.02	101902.08	\$225	\$259	\$275	\$323
Wednesdays, 1/8-4/9	101902.03	101902.09	\$225	\$259	\$275	\$323
Thursdays, 1/2-4/10	101902.04	101902.10	\$225	\$259	\$275	\$323
Fridays, 1/3-4/11	101902.05	101902.11	\$225	\$259	\$275	\$323
All 5 Days	101902.06	101902.12	\$1,013	\$1,165	\$1,238	\$1,456



2025 Spring Session (April 21-June 13) No Class 5/23 & 5/26

Days/Dates	K-3rd	4th-8th	Res-Pass	RES	NR-Pass	NR
Mondays, 4/21-6/9	201902.01	201902.07	\$120	\$138	\$147	\$173
Tuesdays, 4/22-6/10	201902.02	201902.08	\$120	\$138	\$147	\$173
Wednesdays, 4/23-6/11	201902.03	201902.09	\$120	\$138	\$147	\$173
Thursdays, 4/24-6/12	201902.04	201902.10	\$120	\$138	\$147	\$173
Fridays, 4/25-6/13	201902.05	201902.11	\$120	\$138	\$147	\$173
All 5 Days	201902.06	201902.12	\$540	\$621	\$660	\$776



CERTIFICATION PROGRAMS

The deadline for registration or withdrawal for all American Red Cross aquatic training classes will be 7 business days prior to the first scheduled date. The ARC standards mandate a minimum of 5 participants for each training class. If we do not meet the minimum by the deadline, we will cancel the class. We and the other participants in the class require certainty that a class will run once the deadline passes.

Therefore, we will not accept any cancellation or withdrawal requests after the deadline.

Lifeguard Training - Blended Learning - Ages: 15+ years

The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Candidate Pre-requisites for Lifeguard Training Courses: Complete a swim-tread-swim sequence without stopping to rest (swim 150 yards, tread for 2 minutes without hands, swim 50 yards). Complete a timed event within 1 minute, 40 seconds (swim 20 yards, dive to the bottom of the pool and retrieve a 10-pound object, swim 20 yards holding the object).

Program #407801.01

Price: \$350 (includes books, mask, and certificates)

Dates & Times:

Pre-course Session:

Saturday, 10/5 10:00AM-12:00PM

In-Person Skills Sessions:

Saturdays, 10/19-11/9 10:00AM-3:00PM

Blended Learning combines online learning with in-person skills sessions conducted by a Red Cross certified instructor.

The blended learning online sessions offer students a variety of elements to learn program content including videos, lesson narration and special interactive features. This allows for individualized, self-paced learning. Once the online session has been successfully completed, students practice skills and are assessed by the instructor during the in-person skills sessions.

Lifeguard Recertification

The purpose of this course is to recertify current ARC lifeguards whose certifications are about to expire. Participants will briefly review course information and practice their lifeguarding skills and knowledge before testing. Students who successfully complete this course will receive a certificate for Lifeguarding/First Aid/CPR/AED which is valid for 2 years.

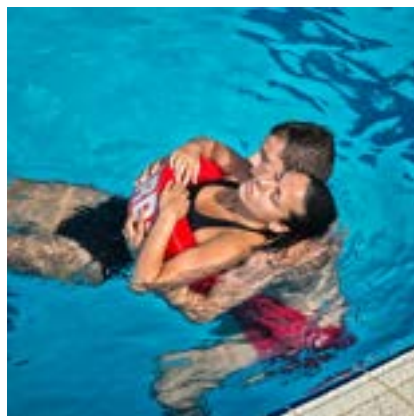
Candidate Pre-requisites for Lifeguard Review Courses: Current certification in Red Cross Lifeguarding/First Aid/CPR/AED & a CPR Mask is required to participate. Complete a swim-tread-swim sequence without stopping to rest (swim 150 yards, tread for 2 minutes without hands, swim 50 yards). Complete a timed event within 1 minute, 40 seconds (swim 20 yards, dive to the bottom of the pool and retrieve a 10-pound object, swim 20 yards holding the object).

In Person Pre-Course Session: **Friday, 10/11** 5:00PM-7:00PM

In Person Skills Session: **Saturday, 10/12** 8:00AM-4:00PM

Program #407802.01

Price: \$150



Important Learn to Swim Information – Read Before Registering

Pre-School Lessons

- Participants must be comfortable enough to get in the water with an instructor and follow directions.
- If your child is fearful or has difficulty following instructions, please sign up for our parent/child Aqua Explorers class.

Swim Lessons & Illness

- Stay at home if your child has diarrhea, is vomiting, has a fever, has a cold or is diagnosed with COVID-19 or another infectious illness.
- Children with allergies or other minor illnesses are permitted to swim so long as they feel well enough to do so. Still, try to minimize their physical interactions with other kids and pool equipment.

Make-up Lessons

- We DO NOT offer make-up lessons for missed classes. Sessions are only 4-weeks long, we kindly ask that you keep this in mind before registering.

Refunds

- To request a refund for a Group Swim Lesson, send an email to aquatic@plymouthtownship.org with the enrollee's name, class, and program number.
- Refund requests must be received no less than 7-full business days prior to the start of the session.
- A service charge of \$8.00 is assessed for each refunded registration.
- Please allow 4-6 weeks for processing.
- Refunds will not be issued for Private Swim Lessons

Before the Swim Lesson

- Mothers, please take your daughters to the women's locker room and fathers, please take your sons to the men's locker room. This will help cut down on the crowding in the family locker room.
- Parents with children of the opposite gender must use the family locker room, regardless of age.
- Please shower before entering the water.
- Swim lesson participants should use the bathroom before the lesson.
- All children who are not potty-trained are required to wear swim diapers.
- Swim lesson participants should not eat before their lessons.
- Please do not send a sick child to swim lessons.
- Should vomit or an accident occur in a pool, we will be forced to shut down the pool for an extended period and possibly cancel classes. Please help us avoid this situation.

During the Swim Lesson

- Parents are not allowed at poolside during swim lessons, especially lessons taking place in the leisure pool. You may wait up in the bleachers or in the lobby. We do invite you to the pool deck for the final lesson of the session to see how far your child has progressed.
- Parents may not leave the building during swim lessons.
- Please tie back all long hair or put it in a swim cap for swim lessons.
- We do allow goggles for swim lessons as long as they do not become a distraction or a plaything.
- We do not allow full masks that cover the nose, or nose clips.
- We do not recommend wearing water shoes in swim lessons.

WATER AEROBICS

Deep Water Exercise: This is an intense workout without the stress on joints. Good for people with knee, hip, or back problems. Participants wear flotation belts and must be comfortable in deep water to participate.

Silver Sneaker Splash: Activate your aqua urge for variety! Silver Sneakers Splash offers LOTS of fun and shallow water moves to improve agility, flexibility and cardiovascular endurance. No swimming ability is required.

WALK-IN: \$20

Water Aerobics Schedule Fall 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00AM-9:45AM	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Rose)	Deep Water (Kathy)	Deep Water (Adel)	Deep Water (Rose)
10:00AM-10:45AM	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Rose)	SilverSneaker Splash (Kathy)		
6:00PM-6:45PM		Deep Water (Adel)	Deep Water (Janine)	Deep Water (Adel)			

Water aerobics schedule is subject to change

WEX FEE STRUCTURE

Patrons can purchase a Water Exercise add-on (WEX) to their monthly (\$29) or annual (\$263) passes. If you have Silver Sneakers, Silver & Fit, or Renew Active, you may purchase an annual WEX pass for \$394. SilverSplash is only included in the Silver Sneakers membership. With WEX, patrons will be able to use the entire community center and take unlimited Water Fitness classes!

Resident Passes		Non-Resident Passes	
	Total		Total
Annual Adult Pass	\$727	Annual Adult Pass	\$857
Annual Senior Pass	\$637	Annual Senior Pass	\$739
Monthly Adult Pass	\$76	Monthly Adult Pass	\$91
Monthly Senior Pass	\$70	Monthly Senior Pass	\$82

PRIVATE SWIM LESSONS

Private Swim Lessons: At GPCC we offer Private Swim Lessons in 4-week sessions that run on the same schedule as our group lessons. We create a master schedule with availability, you select a day & time that works for you and you come once a week for the 4-week session. All private swim lessons will be one-on-one with an experienced GPCC swim instructor.

Online Registration:

The first day of Private Lesson sign-ups is conducted online only. Online sign-ups will go live at 6:00am on the registration start date and will be conducted on a first come first served basis at www.plymouthcommunitycenter.org. First time users please contact the Front Desk (610)277-4312 to set up your online account. After the first day of registration, patrons are welcome to register online, over the phone, or in person at the Front Desk. All Private Lesson registrations are final and we do not issue refunds, please keep this in mind before registering. Any questions, call the aquatics office directly at (610)313-4060.

Private Registration Start Date:

- Fall Session 1: Wednesday, September 4th
- Fall Session 2: Wednesday, October 9th
- Fall Session 3: Wednesday, November 13th
- Price: \$137 RES/\$171 NR

Private Session Begins:

- Fall Session 1: Monday, September 9th
- Fall Session 2: Monday, October 14th
- Fall Session 3: Monday, November 18th



Private Lesson Single Sessions

If you can't commit to an entire session of privates, we are happy to offer Private Lesson Single Sessions. Each Private is 40-minutes long with an experienced GPCC instructor. Choose to sign up for just one or as many as you like! Perfect for people with busy schedules and for any skill level. Availability is limited and will vary with our instructors' schedules.

Availability is limited and will vary with our instructor's schedules. For registration or to check on availability call Aquatics directly at (610)313-4060.

Price per session: \$40 Resident/\$50 Non-Resident

SWIM LESSONS

Aqua Explorers: Preschool Class- Ages: 6 months-3 years- Parent/Guardian In-Water Participation Required

Students will learn to feel comfortable in the water with the adult's reassurance. Children will experience water adjustment, front kicking, back float, water entries and exits. Parents will learn holding positions and basic safety skills. Songs and other fun activities are used to make children feel comfortable in the water.

4 weeks: 30 minute class-Price: \$72 RES/\$90 NR

Session 1	Saturday, 9/14-10/5	8:15-8:45AM	Program #: 407101.02
Session 2	Saturday, 10/19-11/9	8:15-8:45AM	Program #: 407101.12
Session 3	Saturday, 11/23-12/14	8:15-8:45AM	Program #: 407101.22

Tugboats: Water Exploration - Preschool Class Ages: 3-5 years

The objective in this class is to orient students to the aquatic environment through supported floating, arm paddling, kicking on front and back, and water safety. Participants must be comfortable in the water and be able to follow directions.

4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Monday, 9/9-9/30	5:00-5:40PM	Program # 407301.01
	Saturday, 9/14-10/5	9:00-9:40AM	Program # 407301.02
Session 2	Monday, 10/14-11/4	5:00-5:40PM	Program #: 407301.11
	Saturday, 10/19-11/9	9:00-9:40AM	Program #: 407301.12
Session 3	Monday, 11/18-12/9	5:00-5:40PM	Program #: 407301.21
	Saturday, 11/23-12/14	9:00-9:40AM	Program #: 407301.22

Speedboat: Primary Skills - Preschool Ages: 3-5 years

This class is designed for those who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon. Participants must be comfortable in the water and be able to follow directions.

4 weeks: 40 minute class- Price: \$72 RES/\$90 NR

Session 1	Monday, 9/9-9/30	6:00-6:40PM	Program # 407302.01
	Saturday, 9/14-10/5	10:00-10:40AM	Program # 407302.02
Session 2	Monday, 10/14-11/4	6:00-6:40PM	Program #: 407302.11
	Saturday, 10/19-11/9	10:00-10:40AM	Program #: 407302.12
Session 3	Monday, 11/18-12/9	6:00-6:40PM	Program #: 407302.21
	Saturday, 11/23-12/14	10:00-10:40AM	Program #: 407302.22

Submarine: Stroke Readiness - Preschool Class Ages: 3-5 years

This class is designed for those who have the ability to swim 5 yards on back & front without support. Participants learn rotary breathing, water safety and basic swim skills are improved upon. Participants must be comfortable in the water and be able to follow directions. 4 weeks: 40 minute class- Price: \$72 RES/\$90 NR

Session 1	Wednesday, 9/11-10/2	5:00-5:40PM	Program # 407303.01
Session 2	Wednesday, 10/16-11/6	5:00-5:40PM	Program # 407303.11
Session 3	Wednesday, 11/20-12/11	5:00-5:40PM	Program # 407303.21

GROUP SWIM RESERVATIONS

The GPCC Leisure Pool is an ideal place to bring a camp or have a party. Group Swim Reservations are available during any of our scheduled open recreation times. You'll get a 2-hour swim with unlimited access to our two story water slide, spray features & funny fish slide for small children...With our indoor water park style pool, you'll never have to worry about: Bee Stings, Sunburns, or Rainy Days! For more information or to book your group, send an email to aquatic@plymouthtownship.org or call the Aquatics Office at 610-313-4060.



Price: \$350 for up to 30 swimmers
Time: 2-Hours during leisure pool hours
\$100 Add-on Fee for larger groups up to 50



SWIM LESSONS

Tadpole: Water Exploration –Beginner Class- Ages: 6-13 years

The objective of this class is to build comfort and safety in the water. Elementary swim skills are introduced: floating, arm paddling, kicking on front and back, and water safety. 4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Tuesday, 9/10-10/1	5:00-5:40PM	Program # 407401.01
	Thursday, 9/12-10/3	6:00-6:40PM	Program # 407401.02
Session 2	Tuesday, 10/15-11/5	5:00-5:40PM	Program #: 407401.11
	Thursday, 10/17-11/7	6:00-6:40PM	Program #: 407401.12
Session 3	Tuesday, 11/19-12/10	5:00-5:40PM	Program #: 407401.21
	Thursday, 11/21-12/19 *No Class 11/28	6:00-6:40PM	Program #: 407401.22

Goldfish: Primary Skills – Beginner Class- Ages: 6-13 years

This class is for children who have the ability to front float with face in the water for 5 seconds and back float with no support for 5 seconds. Basic swimming skills are taught and improved upon.

4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Tuesday, 9/10-10/1	6:00-6:40PM	Program # 407402.01
	Saturday, 9/14-10/5	10:00-10:40AM	Program # 407402.02
Session 2	Tuesday, 10/15-11/5	6:00-6:00PM	Program #: 407402.11
	Saturday, 10/19-11/9	10:00-10:40AM	Program #: 407402.12
Session 3	Tuesday, 11/19-12/10	6:00-6:40PM	Program #: 407402.21
	Saturday, 11/23-12/14	10:00-10:40AM	Program #: 407402.22

Seahorse: Stroke Readiness – Intermediate Class- Ages: 6-13 years

This class is designed for 6-13 year olds with the ability to swim 5 yards on back & front without support and are able to use alternating leg & arm motions. Participants learn rotary breathing, water safety and basic swim skills are improved upon.

4 weeks: 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Wednesday, 9/11-10/2	6:00-6:40PM	Program # 407403.01
	Thursday, 9/12-10/3	5:00-5:40PM	Program # 407403.02
Session 2	Wednesday, 10/16-11/6	6:00-6:00PM	Program #: 407403.11
	Thursday, 10/17-11/7	5:00-5:40PM	Program #: 407403.12
Session 3	Wednesday, 11/20-12/11	6:00-6:40PM	Program #: 407403.21
	Thursday, 11/21-12/19 *No class 11/28	5:00-5:40PM	Program #: 407403.22

Seal: Stroke Development - Intermediate Class Ages: 6-13 years

This class is designed for those who have the ability to swim front and back crawl 25 yards. Participants improve their aquatic skills and increase their endurance by swimming the strokes for greater distances and with more advanced proficiency. 4 weeks, 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Saturday, 9/14-10/5	11:00-11:40AM	Program # 407404.02
Session 2	Saturday, 10/19-11/9	11:00-11:40AM	Program # 407404.12
Session 3	Saturday, 11/23-12/14	11:00-11:40AM	Program # 407404.22

Adult Swim Lessons - Ages 13+

Learn beginning through intermediate swimming skills and strokes while breaking through any hesitations or fears of the water. 4 weeks, 40 minute class-Price: \$72 RES/\$90 NR

Session 1	Saturday, 9/14-10/5	11:00-11:40AM	Program # 407601.01
Session 2	Saturday, 10/19-11/9	11:00-11:40AM	Program # 407601.11
Session 3	Saturday, 11/23-12/14	11:00-11:40AM	Program # 407601.21

AQUATICS SPECIAL EVENTS

Important Aquatics Special Event Information – Read Before Registering

- All weak or non-swimmers must be accompanied & supervised IN THE POOL by a responsible, paying adult.
- All weak or non-swimmers must wear a US Coast Guard approved life vest at all times. Loaner vests are available for those who need them.
- All attendees including Parents/Chaperones must register & pay for Special Events.
- All children 12 and under must be accompanied and supervised by a paying adult.
- The Leisure Pool is open only to people who have paid for the Special Event.
- Special Event participants may only use the Leisure Pool - No lap lanes, sauna or whirlpool.
- Pre-registration is encouraged as space is limited for all Special Events.
- All GPCC Aquatics Center Rules & Policies apply during Special Events. Please take the time to review them thoroughly.

Swim with The Little Mermaid

Put on your swimsuit and spend a magical evening with the Little Mermaid! Ariel will be here to greet, interact and take pictures with children for a full hour! You'll enjoy a mermaid question and answer session, story time, interactive games & Mermaid training in the pool (Time Permitting). All of this and the pool will stay open until 7:45pm to practice your newly acquired Mermaid skills! The program is only open to 20 participants –Pre-registration & Parental supervision is required.

Friday, 9/27 6:00PM–7:45PM

\$40 RES/ \$50 NR for Parent & Child

Program #: 407506.01

\$20 RES/ \$25 NR for Additional Child

Program #: 407506.02



Pool Pumpkin Patch

Did you know pumpkins float? Join us for a unique and fun way to pick a pumpkin...in our pool! We'll have a boatload of Pumpkins floating in the pool for participants to find and select the perfect pumpkin! Pumpkins can be taken home or decorated at one of our decoration/carving stations. The pool area will be decorated for the Halloween season and families are encouraged to take pictures and selfies with our various displays. Participants are welcome to stay for open swim after the event.

Sunday, 10/20 10:00AM–12:00PM (Open Swim 12–3 PM)

\$20 Per Person – Each admission Includes 1 Pumpkin

Program #: 407502.01



It's a Zoo at the Pool



Elmwood Park will be bringing the zoo to our Pool! Their Zoo on Wheels will be here for an amazing and enlightening animal presentation for both parents and children. They'll also have Live Animals and interesting artifacts that will bring learning to life. Animal presentation begins at 6:00pm followed by open swim at 6:30pm and live animals will be here for the entire event.

Friday, 11/22 6:00PM–7:45PM

\$40 RES/\$50 NR for Parent & Child Program #: 407520.01

\$20 RES/\$25 NR for Additional Child Program #: 407520.02

Pool-O-Ween

The entire aquatics center is transformed into an eerie water playground with Halloween themed music. The lights are low, creepy creatures may be wandering the deck and there will be glow necklaces for all. The event ends with a huge candy scramble – where bags of candy will be thrown into the pool for the children to gather up and take home.

Friday, 10/25 6:00PM–8:00PM

\$20 Per Person Program #: 407503.01

\$50 for a Family of 4 Program #: 407503.02

Winter Water-land Toy Drive at the Pool

The pool will be decorated for the season and once again we'll be teaming up with the Harmonville Fire Co. to collect toys for the less fortunate. Starting December 1st we'll have a bin set up in the lobby asking our patrons for donations of store-quality toys.

Donations will be accepted through Friday December 20th the night of our huge special event...

H2oliday Splash

Welcome the holiday season with a celebration of all things winter that will warm your heart. The event will have Victorian Carolers performing and Santa will be stopping by before his long night of delivering presents. There will be plenty of photo opportunities and Santa will be taking Christmas requests! It's a magical setting and event that you don't want to miss – early registration is a must.

Friday, 12/13 6:00PM–7:45PM

\$20 Per Person Program #: 407525.01

\$50 for a Family of 4 Program #: 407525.02



SPECIAL EVENTS

Paint Classes All Ages

Create your own acrylic canvas to hang in your room! All supplies included.

Instructor: unWINED & PAINT

Price/class: \$13 RES / \$16 NR

Friday Evenings:

Friday, 9/20

6:00PM-7:30PM - Sunflower Vase

Program #: 401102.01



Friday, 10/4

6:00PM-7:30PM - Heart Fall

Program #: 401102.02



Friday, 11/8

6:00PM-7:30PM - Autumn Barn

Program #: 401102.04

Saturday Mornings:

Saturday, 10/12

10:00AM-11:30AM - Mickey Pumpkin

Program #: 401102.03



Saturday, 12/21

10:00AM-11:30AM - Snoopy

Program #: 401102.05



Campfire & Hayride Ages: Families (suggested age 5 and up)

Join us for a fall evening at Harriet Wetherill Park. We will go on a hayride around the park, gather 'round the roaring fire for some s'mores and the kids will do a craft to take home. Bring a blanket or chair if you plan to sit around the fire. Pre-registration required. Location: Harriet Wetherill Park- 2642 Butler Pike

Saturday, 10/19

7:00PM - 8:30PM

Price: \$10/person

Program #: 402702.03



Halloween Family B-I-N-G-O Ages: All Ages

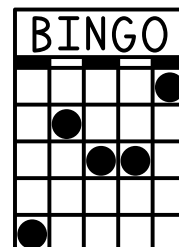
Bring the family to the Greater Plymouth Community Center for an evening of fun and prizes. Come dressed in your favorite Halloween costume. We will play 12 games of BINGO. Each game winner will receive a prize. No need to worry about dinner, we will have pizza, popcorn, candy & drinks available for purchase so come hungry and ready to WIN!

Price per person: \$5- everyone attending must be registered

Friday, 10/4

6:30 PM (doors open at 6pm, games start at 6:30PM)

Program #: 401101.01



Veterans Day Celebration

Area Veterans are invited to join us on **Wednesday, November 6th** at 2:00PM at the Plymouth Township Service and Devotion Monument (ceremony held indoors if it rains). Please RSVP to Sarah Heitzenrater at 610-313-8680 or sheitzenrater@plymouthtownship.org. By RSVPing your name will be included in the program for the event.

Registration deadline: Tuesday, November 7.



PicklePalooza Ages: 18+ years

Gear up for an unforgettable day at Plymouth Township's PicklePalooza event! Whether you're a seasoned player or new to the game, this is the perfect opportunity to socialize, have fun and play pickleball. PicklePalooza will feature a variety of games and point play, providing the ideal platform to test your abilities and compete against other players. Grab your friends and join us for a day of pickleball fun. We can't wait to see you there! Partners will be assigned at the event.

Location: GPCC

Price per person: \$30 RES/\$38 NR

Saturday, 10/26

9:00AM-10:30AM Beginner Program #: 401311.01

10:30AM-12:00PM All Levels Program #: 401311.02



SPECIAL EVENTS

Outdoor Holiday Market- Crafters & Vendors

Need a gift for someone? Looking for some cool handmade crafts? Hanukkah and Christmas are right around the corner! Check out the unique and handmade items at our Outdoor Holiday Market. Spread the word! Interested in being a vendor? Please contact Joanna Sharapan at jsharapan@plymouthtownship.org.

Location: Colonial Middle School (716 Belvoir Road)

Saturday, 11/16 10:00AM-2:00PM

Price: \$20/spot

Program#: 401112.02



Floral Workshops with The Ambler Flower Shop

Learn how to design and create floral arrangements. The workshop will be instructed by our florist and all flowers and materials will be provided. Using a selection of seasonal flowers and premium blooms you can create a custom pieces and learn the skill of building a complete arrangement. You can take home your project at the end of the workshop to display in your home.

All ages welcome, under 12 must have an adult
Pre-registration is required.

Location: Harriet Wetherill Park- 2642 Butler Pike

Pumpkin Adopt a Succulent

Make a custom live succulent arrangement with a pumpkin base as a unique and festive decoration!

Thursday, 10/17 6:00PM

\$55 RES / \$68 NR

Program #: 401312.01

Fall Floral Centerpiece Arrangements

Learn the art of floral arranging with our Fall themed bouquet arrangement workshop. Using seasonal blooms and live flowers, create a beautiful custom floral centerpiece for your home.

Sunday, 11/24 6:00PM

\$75 RES / \$93 NR

Program #: 401312.02

Christmas Gnomes

Build a fun holiday gnome for your porch using Christmas tree greens to add some festive cheer to your home.

Thursday, 12/5 6:00PM

\$59 RES / \$73 NR

Program #: 401312.04

Winter Wreaths

Create a custom holiday wreath using live pines, seasonal foliage, and festive accents

Saturday, 12/7 2:00PM

\$75 RES / \$93 NR

Program #: 401312.05

Holiday Centerpiece

Create a festive centerpiece for the holidays using live blooms and holiday accents.

Saturday 12/14 2:00PM

\$75 RES / \$93 NR

Program #: 401312.03

On Your Own In New York City Ages: 4+ years

Friday, 12/6

Depart GPCC @ 8:00AM

Depart NYC @ 6:00PM

Program #: 404101.02

Price: \$53/person



Radio City Music Hall Christmas Spectacular Ages: 4+ years

Experience the Radio City Music Hall Christmas Spectacular, shopping and NYC during the holidays. Price includes bus transportation and Mezzanine level ticket to the 1:00 PM show. Register early as spaces fill quickly!

Friday, 12/6

Depart GPCC @ 8:00AM

Depart NYC @ 6:00PM

Program #: 404101.03

Price: \$149/person

Senior Holiday Potluck & Trivia Ages: 55+ years

Time to gather and share with friends - old and new! Bring your favorite dish to share and try some new ones! Once everyone is done eating, we will play a few rounds of winter/holiday trivia for some neat prizes! Sign up with your shareable dish at the front desk. Space is limited and pre-registration is required!

Location: GPCC

Monday, December 16th

11:00AM-1:00PM

Program #: 401114.01

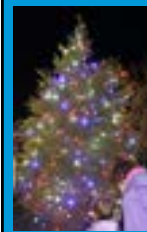


SPECIAL EVENTS

Holiday Tree Lighting Ceremony

Plymouth Township invites you to the annual tree lighting ceremony. It will kick off at 6:00PM at the Service and Devotion Monument **Location: Corner of Walton Road and Germantown Pike**

Wednesday, December 4th
6:00PM



Graham Cracker House Workshop *Ages: All Ages*
Make your home more festive by displaying your own unique creation made out of graham crackers and candy. All supplies provided. Each person wishing to decorate a house must register.

Registration deadline: 12/1
Saturday, 12/7 10:00AM-11:00AM
Program #: 402102.01

Price: \$15 per house to be built



Indi Studio Pottery Workshops *Ages 16+ years*

All materials included. Beginners welcome! Projects can be picked up one week from the class date. Check out Indi Studios on Facebook or Instagram for photos of previous projects!

Cat and Dog Bowl Workshop

Spoil your furry friend with a one of a kind, designed just for them, food bowl. In this workshop you will work with clay and learn hand building, texture, and glazing techniques to create a food bowl that best represents your feline or canine companion.

Thursday, 9/5 6:30PM-8:30PM

Price: \$60 RES/\$75 NR Program #: 403102.01

Oktoberfest Beer Steins Workshop

Get crafty this Oktoberfest! Learn to make your own unique beer stein from scratch. We'll guide you through rolling, shaping, and designing a stein you'll proudly raise during the festivities. Beginners welcome!

Tuesday, 10/29 6:30PM-8:30PM

Price: \$60 RES/\$75 NR Program #: 403102.02

Pumpkins Workshop

Prepare your home for fall with a festive ceramic pumpkin. It's perfect to decorate your mantle or create a beautiful centerpiece. In this workshop you will work with clay to create a unique pumpkin through the use of hand building, texture, and glazing techniques.

Saturday, 11/16 6:30PM-8:30PM

Price: \$60 RES/\$75 NR Program #: 403102.03

Holiday Tree Workshop

Celebrate the Season with a beautiful Ceramic Holiday Tree. It's simple shape and stately form allows your creativity to be showcased. In this workshop you will work with clay and learn hand building, texture, and glazing techniques in order to style your tree according to your creative vision.

Tuesday, 12/10 6:30PM-8:30PM

Price: \$60 RES/\$75 NR Program #: 403102.04



Breakfast with Santa *Ages: All Ages*

Come to family time with Santa. Shake his hand and bring your own camera to take pictures. We will also have a game room. A light breakfast will be served. All children must be accompanied by a paying adult. Ages 2 years and under are free with paying adult. **Location: GPCC**

Saturday, 12/14

9:00AM-10:30AM

Price: \$10/person Program #: 401602.01

Price/family of 4: \$30 Program #: 401602.02

Free- children 2 and under Program #: 401602.03

Cooking With Lorena *Ages: 4+ with adult*

Come and learn to cook with your child! In these classes you will learn how to prepare some delicious Italian food. Ingredients are included, you may need to bring some cooking utensils. The price is for an adult and child.

6:00PM

Price/class: \$60 RES/\$75 NR (Adult & Child)

Additional Child: \$30

9/27 Homemade Pasta and a Simple Marinara Sauce

Program # 401110.01

10/11 Lasagna (meat or veggie)

Program # 401110.02

10/25 Pasta Carbonara and Cacio e Pepe

Program # 401110.03

11/8 Chicken Parmesan

Program # 401110.04

11/22 Sauces Class: Marinara, Bechamel and Bolognese Sauce

Program # 401110.05

12/6 Tiramisu

Program # 401110.06

12/13 Cookie Decorating and Craft

Program # 401110.07



Holiday Lights Contest

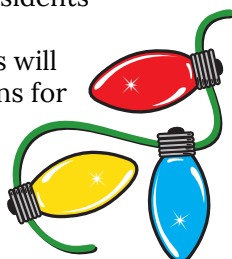
Who has the brightest and most decorated house in Plymouth Township? Don't want to decorate but want to join in the fun? Vote for "The People's Choice" Award. More information will be on our website in December. Plymouth Township Residents Only- Free to enter

Call 610-277-4312 or go online to register. *your address will be shared for judging purposes (including on publications for "The People's Choice" Award) Program #: 401415.01

Registration Deadline: December 5

Judging Period: December 7-16

Winners Announced: December 18





CHECK OUT OUR PARKS!



ALAN WOOD PARK 642 FULTON STREET	Play apparatus, basketball court, small volleyball area, two picnic tables and grills. Limited parking.
BLACK HORSE PARK 436 SCHOOL LANE	Play apparatus, youth baseball/softball field, two 10 ft. basketball courts, an open field, park benches and picnic tables. Parking lot.
COLWELL PARK 1340 HILLCREST ROAD	Youth playground and tot-lot, pickleball/basketball court, multi-purpose field, horseshoe area, multi-purpose trail, sand volleyball courts, pavilion, small program shelter and restrooms. Parking lot.
COMMUNITY CENTER PARK 2910 JOLLY ROAD & 2903 WALTON ROAD	The 76,000 square foot Center houses the Parks & Recreation Department offices, 2 indoor pools, gym, fitness center, rental and program rooms. Park contains a youth playground and tot lot, NCAA baseball field, softball field, soccer field, recreational field, pavilion, bocce courts, sand volleyball courts, amphitheater, multipurpose trail and outdoor bathrooms. Parking lots on Jolly and Walton Roads.
EAST PLYMOUTH VALLEY PARK 900 GERMANTOWN PIKE (EPV)	Youth playground and tot lot, four baseball fields (three with 60 ft. baselines (one lighted), one with 90 ft. baselines), four lighted tennis courts, two basketball courts (one lighted), one lighted football field, pavilion with picnic tables, park benches, pond and a multipurpose building housing restrooms, concession stand, work and storage areas. Parking lot.
HARRIET WETHERILL PARK 2639 NARCISSA ROAD & 2642 BUTLER PIKE (HWP)	Scenic natural area for passive recreation. Stonedust and paved walking trails, interpretive signage, paths to meadows, wooded areas, streams and fields currently being farmed. Butterfly garden, youth playground, tot lot and 2 picnic pavilions. Parking lots on both Narcissa Road and Butler Pike.
JOHN F. KENNEDY PARK 480 JEFFERSON ST	Youth playground and tot lot, multi-purpose field, two tennis courts, horseshoe pit, scenic natural area, walking trail, multi-purpose court for street hockey, pavilion, picnic tables and park benches. Secondary access from Jefferson Street. Two parking lots.
PLYMOUTH HILLS, PLYMOUTH MEETING & SANDWOOD	Undeveloped open space Plymouth Hills: Camelot Drive (2.7 acres), Plymouth Meeting: Sierra Road (2.9 acres) Sandwood: Sandwood Road (3.4 acres)

Plymouth Township Youth and Adult Organizations function as their own entities. Each organization consists of volunteers who serve and operate with a board of officers to coordinate and manage the daily functions of each league.

Plymouth Junior ABA Basketball League

www.plymouthjraba.org

Plymouth Little League Baseball/TBall

www.plymouthlll.website.siplay.com

Greater Norristown Wrestling Club

www.gnwc.org

P-W Spartans Football League

www.pwspartans.org

P-W Spartans Cheerleading

www.pwspartans.org

Colonial Soccer Club

www.colonialsoccerclub.org

P-W Ice Hockey

www.pwicehockey.com

Mt. Carmel Sr./Jr. Legion

www.mtcarmelmounties.com

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 **CODENINJAS[®]**
East Norriton



Extraordinary People. Extraordinary Care.
www.suburbanhosp.org



Jen Evankovich, Realtor
Direct 610-491-0246 Office 610-630-3700
jenEvankovich@gmail.com

HOW TO REGISTER

Online: www.plymouthcommunitycenter.org, in person or by phone: 610-277-4312. To get started, you will need a User ID and password. If you are currently in our database, call the front desk or e-mail us at info@plymouthtownship.org for your User ID . Use this as your password also.

If you desire, you may change your password once you have signed in. If you are NOT in the database, call the front desk to be set up. You will need the following: Your name, address, phone number, e-mail address; and the names & birth dates of any family member you wish to register.

Photo Information

We may take your picture during recreation programs, at events, and at the Community Center. Photos may be displayed at the Community Center, on our website, Social Media pages, in our Program Guide, in the Township Newsletter, on the Township's cable channel (Comcast 22 & Verizon 43), or submitted to newspapers. Please let us know if this presents a problem.

Safety/Waiver of Liability

The Plymouth Township Parks and Recreation Department is dedicated to providing safe facilities, equipment and programs, as well as qualified staff. Nevertheless the Township is not responsible for any injuries sustained as a result of participation in any Department- sponsored activity or while using Department facilities. It is recommended that anyone enrolled in a class/program/trip, or using Township facilities, make provisions for adequate coverage with their own insurance plan. Also, please check with your doctor before enrolling in any activity which requires walking, fitness, swimming, etc. It is the assumption of our Department that the participant knows the risks involved with the class/program/trip.

***Follow us on social media for updates
on the GPCC and our programs!***



@gpccplymouthtwp



@gpccplymouthtwp



facebook.com/plymouthtownship

New and Improved
GPCC App

Completely New and Easy
to use Notification System

Easy and Convenient
for all users!!

Download on the
App Store


GET IT ON
Google Play

Search "GPCC" in the
Apple iOS App Store

Search "Greater
Plymouth" in the Android
Google Play Store

PI-H-S-R-O-S-N-O-P-S S-E-T-T-I-N-G-O-P-P-O



 **Age in Place Home Care**
When Quality and Dependability Matter Most

FOR CAREGIVERS, OUR BENEFITS INCLUDE:

- ✓ Health/Dental/Vision Insurance
- ✓ Term Life and Short-Term Disability
- ✓ Aflac Benefits
- ✓ Up to \$1,000 Sign-On Bonus
- ✓ Free Training and Mileage Reimbursement
- ✓ Premium Holiday Pay and Caregiver Appreciation

FOR CLIENTS, OUR SERVICES INCLUDE:

- ✓ Meal Preparation
- ✓ Housekeeping
- ✓ Companion Care
- ✓ Personal Care
- ✓ Respite Care
- ✓ And More!

You may be able to receive services at no cost to you! Ask us about the PA State Waiver Program!

CONTACT US!

 **888-990-4555**  **WWW.AIPHC.COM**

Fall Sponsorship Opportunities

\$300 and \$600 levels available. Includes all of the events listed.

For more information, please email Dana at dclewell@plymouthtownship.org

Halloween Family Bingo (10/4)
Campfire & Hayride (10/19)
Pool Pumpkin Patch (10/20)
Pool-O-Ween (10/25)

Veterans Day Celebration (11/6)
Holiday Tree Lighting Ceremony (12/4)
Breakfast with Santa (12/14)
H2Ooliday Splash (12/20)

For a complete list of sponsorship level perks please visit our website
www.plymouthtownship.org/greater-plymouth-community-center/get-involved/



10% OFF ANNUAL PASSES OCTOBER 5-11

PLYMOUTH TOWNSHIP RESIDENT

	First Adult	First Youth/Senior	Additional Adult/Senior	Additional Youth	WEX with Annual Pass	WEX with SSA, S&F, RA/OP
Annual Passes	\$438	\$359	\$298	\$149	\$248	\$373
Monthly Deduction Amount	\$36.50	\$29.92	\$24.83	\$12.42	\$20.67	\$31.08

NON-RESIDENT

	First Adult	First Youth/Senior	Additional Adult/Senior	Additional Youth	WEX with Annual Pass	WEX with SSA, S&F, RA/OP
Annual Passes	\$562	\$450	\$298	\$149	\$248	\$373
Monthly Deduction Amount	\$46.83	\$37.50	\$24.83	\$12.42	\$20.67	\$31.08

*Fitness Center *Lap Pool 25-yards w/ 11 lanes *Children's pool with slide and spray features
 *Gymnasium *Basketball, Volleyball & Pickleball *Men's, Women's & Family Locker Room *Free Weekly Land Aerobics Classes *Free Weekly Senior Aerobics Classes *Indoor Track *Sauna
 *Complimentary Fitness Orientation

